

## **CONSTRUCTION SITE SAFETY**

**AGE RESTRICTIONS:** No one under 16 is permitted on a job site unless doing finish work, painting, or landscaping. No one under 18 can operate a power tool, climb ladders or scaffolding, or be on a roof.

**THINK** before you do anything. If you are uncertain about how to do a task or operate a tool---ASK Site Supervisor.

**CONCENTRATE** on your task and avoid distractions.

**DRESS WITH SAFETY IN MIND:** Loose clothing is dangerous around power tools. Pull back long hair. Do not wear jewelry. Work boots are best, but thick soled athletic shoes are ok. Open-toed shoes or sandals are not acceptable. Wear work gloves when appropriate. Wear eye protection when operating power tools and at other times when appropriate. Wear face masks when sanding drywall or working with insulation. Work gloves, face masks, and protective eyewear are available at the work site for all volunteers.

**TOOLS:** Handle and carry tools with care. Keep pointed or sharp edges turned downward. Do not carry sharp tools in your pockets or leave lying around the worksite. Do not operate any tool without proper instruction on its use and what can happen if used improperly. Before operating any power tools, seek instruction from the Site Supervisor. Keep fingers away from moving parts. Ensure that the power cord is out of the cutting area.

**ROOF and LADDERS:** Exercise caution when using ladders. Use a partner to steady a ladder. Place ladder on a stable surface and take the time to move a ladder rather than leaning out too far. A ladder is pitched at a safe angle if you can grasp a rung at shoulder height. When working on the roof, move slowly and carefully. Never put anything down on a pitched roof. Use a tool belt. Be careful with tools and other objects so that they do not fall off and injure others. Falling objects are a major cause of injury on the work site. Be aware of people working above, around and below you.

**SCAFFOLDING:** Scaffolding accidents include tools or materials being kicked or dropped on people below. Make sure the planking is safely attached and that no tools are laid on the planking. Exercise extreme caution when working on scaffolding.

**LIFTING and CARRYING:** When lifting, stand close to the load, bend your knees, grasp firmly, and then lift by straightening your legs. Keep your back straight and your body vertical. Get help with heavy or long loads. Always be aware of others around when you are moving things, such as long boards.

**MAINTAIN GOOD HOUSEKEEPING:** A clean work site is essential to your safety. You are responsible for disposal of personal refuse. Please place trash in containers provided. Remove nails from scrap lumber. Return all tools to the storage areas. All job sites should be left clean at the end of the day.